

# The Aging Workforce

January 19-20, 2007

Rocky Mountain Academy of Occupational & Environmental Medicine & Pinnacol Assurance Conference at the Brown Palace Hotel, Denver, Colorado.

Rocky Mountain Academy of Occupational and Environmental Medicine  
c/o Hughes & Stuart  
9137 E. Mineral Circle, Suite 250  
Centennial, CO 80112



## About the Conference

The agenda targets the educational needs of physicians, occupational health nurses and other professionals in the field of occupational and environmental health. The conference will explore updates in specific medical topics relevant to occupational medicine, physical medicine, rehabilitation and workers' compensation. Attendees will gain specific clinical and systems knowledge to meet the needs of the working population in the Rocky Mountain region.

### Conference Registration

Complete the enclosed registration form and send it with your payment to:

RMAOEM  
9137 E Mineral Circle, Suite 250  
Centennial, CO 80112  
303.798.0601 Phone  
303.798.1315 Fax  
Email:Kathleen@hughesstuart.com  
(See attached registration form for pricing information)

### Hotel Reservations

Attendees will enjoy a conference rate of \$179/night for a standard room at the Brown Palace Hotel. Specific room requests can be made at the time of your booking.

Please make hotel reservations directly with the Brown Palace before December 20, 2006.

321 17th Street  
Denver, CO 80202  
303.297.3111

### About the Brown Palace

Located in the heart of downtown Denver, the Brown Palace Hotel has played host to presidents, princesses, kings and queens, and their entourage of followers. While most people associate the Brown Palace with President Eisenhower, who used the hotel as his summer headquarters during his administration, the hotel has a long history of classic antiquity.

### Cancellations

Conference registration cancellations received before 5 p.m. on January 03, 2007 will receive a refund less \$35 handling fee. Cancellations received after 5 p.m. on January 03, 2007 are non-refundable. Please submit cancellations in writing via fax, e-mail or mail.

Hotel reservation cancellations - the hotel requires a 24 hour cancellation notice.

### Target Audience

Physicians, occupational nurses and other health professionals in the field of occupational and environmental health.

### Save Money by Registering Early

Early registration deadline is January 03, 2007. Space is limited to the first 150 registrants. Registration fees include all conference materials, admittance to all sessions, lunch and conference handouts.

### Continuing Medical Education

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College of Occupational and Environmental Medicine (ACOEM) and the Rocky Mountain Academy of Occupational and Environmental Medicine (RMAOEM). The American College of Occupational and Environmental Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Occupational and Environmental Medicine designates this educational activity for a maximum of 10.5 category 1 credits towards the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.



# RMAOEM /Pinnacol Assurance Conference

## Occupational Medicine: The Aging Workforce

**January 19 -20, 2007**  
**The Brown Palace Hotel Denver**

### Friday, January 19, 2007

11:45 – 12:45 pm .....	Registration & Lunch	
12:45 – 1:00 pm.....	Welcome and Introduction .....	Bill Milliken, M.D.
1:00 – 1:45 pm.....	Current Issues in Workers’ Compensation .....	Kathryn Mueller, M.D.
1:45 – 2:15 pm.....	Resident Presentation .....	Tracey Stefanon, M.D.
2:15 – 2:45 pm.....	Break .....	Visit with Exhibitors
2:45 – 3:45 pm.....	DOT Medical Screening .....	Natalie Hartenbaum, M.D., MPH, FACOEM
3:45 – 5:00 pm.....	Managing the Aging Workforce-The Latest Evidence.....	Glenn Pransky, M.D.
5:00 – 6:00 pm.....	President’s Reception	
6:00 – 7:00 pm.....	General Membership Meeting	

### Saturday, January 20

7:30 – 8:30 am.....	Registration and Continental Breakfast	
8:30 – 9:00 am.....	Welcome and Introduction .....	Mark Frank, M.D.
9:00 – 10:20 am.....	Treatment and Variations by Region, Race, Ethnicity and Geography.....	James Weinstein, M.D.
10:20 – 10:40 am .....	Break .....	Visit with Exhibitors
10:40 – 12:00 pm .....	Prevention of Injuries & Best Practices for Health & Safety.....	Don Wright, M.D.
12:00 – 1:15 pm.....	Lunch.....	Robert McLellan, M.D., MPH, FACOEM
1:15 – 2:30 pm.....	Orthopedic Considerations for Aging Workforce .....	Vincent Pellegrini, Jr., M.D.
2:30 – 2:45 pm.....	Break .....	Visit with Exhibitors
2:45 – 4:00 pm.....	Medical and Legal Aspects of the Aging Workforce .....	Janet Savage, William Shaw, M.D., Glenn Pransky, M.D.
4:00 – 4:30 pm.....	Discussion	
4:30 – 4:45 pm.....	Wrap up and Dismissal	

# Learning Objectives

## “Current Issues in Workers’ Compensation”

- Describe the changes to the low back and clinical spine treatment guidelines
- Explain and apply the new impairment rating tips
- Apply the new fee schedule

## “DOT Medical Screening”

- Understand accident risk of older drivers
- Update on medical certification issues
- Identify resources for decision-making in medical certification of older commercial drivers
- Commercial drivers with a focus on drivers with obstructive sleep apnea

## “Managing the Aging Workforce: The Latest Evidence”

- Identify at least two strategies for wellness enhancement specific for older workers
- Describe the most important health influences on ability to work in older workers
- Cite at least three early indicators of significant health-related decrements in work performance

## “Treatment and Variations by Region, Race, Ethnicity and Geography”

- Learn the outcomes of treatment, with variations
- Healthcare, cost outcomes and solutions

## “Prevention of Injuries and Best Practices for Health and Safety”

- Enumerate factors responsible for the aging of the US workforce
- Identify normal physiologic changes of aging that may impact injury rates
- Apply proactive safety strategies to protect senior workers
- Identify “best practices” among corporations who depend on senior work

## “Orthopedic Considerations for Aging Workforce”

- Discuss the relationship between work related injury and the development of arthritic disease
- Advise patients concerning overuse activity and the risk of later arthritis.

## “Medical and Legal Aspects of the Aging Workforce”

- Apply legal requirements to work place decisions relating to older workers
- Ensure that employers understand different legal issues relating to older workers
- Discuss the evaluation and determination of return to work and fitness for duty for both medical and orthopedic conditions
- Discuss evaluation of disability and differences between disability systems

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This conference is brought to you by the Rocky Mountain Academy of Occupational & Environmental Medicine and Pinnacle Assurance.



AMERICAN COLLEGE OF  
OCCUPATIONAL AND  
ENVIRONMENTAL MEDICINE



OF OCCUPATIONAL  
AND ENVIRONMENTAL  
MEDICINE, INC.

# Occupational Medicine: The Aging Workforce

## CONFERENCE REGISTRATION FORM

January 19-20, 2007  
Denver, Colorado  
*Friday afternoon and all day Saturday*

PLEASE PRINT

Name \_\_\_\_\_

Organization \_\_\_\_\_ Telephone (Work) \_\_\_\_\_

Address \_\_\_\_\_ Fax \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Registrant's name as you would like it to appear on the name badge:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Title \_\_\_\_\_

Fees:

**RMAOEM/ACOEM or Pinnacol SelectNet Member**

	\$225 early registration by 01/03/07	\$ _____
	\$245 after 01/03/07	\$ _____
Saturday only	\$195 early registration; \$215 after 01/03/07	\$ _____
<b>Non-Members</b>	\$275 early registration by 01/03/07	\$ _____
	\$300 after 01/03/07	\$ _____
Saturday only	\$245 early registration; \$270 after 01/03/07	\$ _____

**Membership Pays:** The first 20 AAOHNs to register, with a copy of their membership card, get to receive the RMAOEM/ACOEM/Pinnacol selectNet member rate of \$225, etc for early registration. **Membership Pays:** Members of ACOEM and Pinnacol Selectnet enjoy registration discounts of up to \$50 in addition to other benefits. Please see member rates above. Physician non-members may download a ACOEM membership application from [www.ACOEM.org](http://www.ACOEM.org) or call 847•818•1800 x372. Submission of a completed membership form with annual dues will qualify for member rate.

LUNCH IS INCLUDED WITH REGISTRATION FEE

Please make check payable to RMAOEM or fill out the credit card information below and mail the registration form to:

RMAOEM, c/o Hughes & Stuart

9137 E. Mineral Circle, Suite 250, Centennial, CO 80112

Credit Card:  Visa  Master Card (Sorry we do not accept Discover or American Express)

Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name on Card (Print) \_\_\_\_\_

Signature \_\_\_\_\_

Phone: 303/798/0601 Fax: 303/798/1315 E-mail: [kathleen@hughesstuart.com](mailto:kathleen@hughesstuart.com)

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# Speaker Biographies

## **Kathryn Mueller, M.D.**

Dr. Kathryn Mueller, medical director of the Colorado Division of Workers' Compensation, will provide updates on current issues in the state of Colorado. The Occupational Health Fellows at the University of Colorado will also give presentations on current topics in occupational health.

## **Natalie Hartenbaum, M.D.**

Dr. Natalie Hartenbaum is a nationally recognized expert in occupational and environmental medicine, with special expertise in the area of transportation medicine. She is the author of *The DOT Medical Examination: A Guide to Commercial Diver's Medical Certification* and editor of the *Commercial Driver Medical Examiner (CDME) Review*. Dr. Hartenbaum has published and lectured nationally on public safety, occupational health, and fitness evaluations in the workplace. She will discuss issues related the health and safety of the older driver.

## **Glenn Pransky, M.D.**

Dr. Glenn Pransky is director of the Center for Disability Research at Liberty Mutual Research Institute and a principle author and investigator with numerous publications on the topic of the aging workforce. He also directs a large NIOSH - funded prospective cohort study of outcomes in work-related injuries and illnesses in older workers, several other studies of disability prevention and rehabilitation effectiveness in work-related musculoskeletal disorders, and an investigation to measure the work performance effects of work-related and other conditions that do not result in full disability. He is the author of over 60 scientific articles on disability, measures of work-related outcomes in occupational injuries and illnesses, treatment interventions, and screening for occupational disease. He will discuss some of the investigations he has performed relating to outcomes in work-related injuries and trends.

## **James Weinstein, M.D.**

Dr. James Weinstein is the chair of orthopedic surgery at the Dartmouth Medical School and the keynote speaker for this year's conference, "The Aging Workforce." Dr. Weinstein is the editor-in-chief of *Spine*, an orthopedic journal, and medical director of the Center for Shared Decision Making at the Dartmouth Hitchcock Medical Center. He was a principal investigator of *The Dartmouth Atlas of Musculoskeletal Health Care* and is an author of numerous other publications about treatment outcomes; regional variations of treatment; and racial, ethnic and geography.

## **Don Wright, M.D.**

Dr. Don Wright, director of the Office of Occupational Medicine for the Occupational Safety and Health administration (OSHA), will discuss his data and investigations from both governmental and independent research performed regarding the health and safety of the aging workforce. He will address issues relating to prevention of injuries and the best practices for the health and safety needs of the older worker. Dr. Wright is currently a member of the American College of Occupational and Environmental Medicine and the American Academy of Family Physicians.

## **Vincent Pellegrini, Jr, MD**

Dr. Vincent Pellegrini is the James Lawrence Kernan Professor and Chair of the Department of Orthopaedics of the University of Maryland School of Medicine. He has been the recipient of the Bunnell Traveling Fellowship of the American Society for Surgery of the Hand, the North American Traveling Fellowship of the American Orthopaedic Association, the John Charnley Award from the Hip Society (twice) for study of venous thromboembolic disease, the Frank Stinchfield Award, from the Hip Society, for research on radiation inhibition of heterotopic ossification following surgery about the hip, and the Nicolas Andry award from the Association of Bone and Joint Surgeons for his work on degenerative disease of the thumb trapeziometacarpal joint. Dr Pellegrini is Editor in Chief of *Current Opinion in Orthopaedics*, a member of the Board of Directors of *Clinical Orthopaedics and Related Research*, a Deputy Editor of the *Journal of Bone and Joint Surgery*, and has published more than 90 original articles in peer-reviewed journals as well as abstracts and book chapters.

## **William Shaw, M.D., Glenn Pransky, M.D., Janet Savage**

Dr. William Shaw and Dr. Pransky will join Janet Savage, a partner with Davis, Graham & Stubbs, LLP, in a panel to discuss of some of the legal aspects of the aging workforce and return-to-work issues. Savage is an expert in employment and labor law. She will discuss legal issues pertaining to the Americans with Disabilities Act (ADA) and job discrimination against the older worker. Dr. Pransky has served as an advisor to the Equal Employment Opportunity Commission (EEOC) of the U.S. Department of Labor, and Dr. Shaw helped develop guidelines for the American College of external providers.